

Joe Becker to Foster Care Boys:

How do you handle your sorrow or pain?

It was our regular meeting at Cedar Ridge Boys Home. Volunteer, Joe Becker was teaching on Jesus in the Garden of Gethsemane.

The verse Matthew 26:38 says *Then he said to them, "My soul is overwhelmed with sorrow to the point of death. Stay here and keep watch with me."* Joe explained that Jesus knew the depth of what He was about to go through. Joe went into detail of what Jesus was about to suffer with particular attention to God turning from Jesus that he might suffer for our sin. It was a very somber moment. At the end of about a ten minute teaching, Joe asked the boys, "How do you handle your sorrow or pain?" After a silent pause, Anton said he prays. Lamar said he just ignores it, two boys looked reflective in silence. The room had just been filled with laughter ten minutes prior from the game we played, but now it felt heavy with thought.

Joe asked if it's hard or easy to pray in those situations? It was silent except for one who said "hard".



Joe hit a nerve. The story of Jesus in the Garden is compelling. It teaches us so many things. But the one Joe emphasized this week was to [go to Jesus with our sorrow and pain](#) in prayer.

As a foster care kid, you know sorrow and hurt. You know some type of abandonment, disappointment, or regret. Joe explained that God knows it as well. Jesus went through sorrow, abandonment, disappointment and hurt himself.

I'm so thankful for Joe. He is retired, 71 years old, and loves Jesus as well as kids. He uses his time to teach about Christ. Foster care is only one place that you can share your talents and gifts. Joe is making a difference in kids' lives. Every week, kids in this group are hearing a story from the Bible that is relevant with an application to them. **Joe is a YFC volunteer.** Could you help in some way?

In Christ Always,

A handwritten signature in blue ink that reads "Arn Bjorndal".

P.S. : I put the volunteer needs of YFC in our insert. Please ask God if it's you He is calling.